



INSTITUTE on COMPULSIVE HOARDING and CLUTTERING presents



Digging Out: Helping Your Loved One Manage Clutter, Hoarding, and Compulsive Acquiring

Trainer: Dr. Michael A. Tompkins, Ph. D.

Licensed Psychologist, Assistant Clinical Professor at the University of California at Berkeley and Founding Partner of the San Francisco Bay Area Center for Cognitive Therapy

Tuesday, May 26, 2009 5:30-7:30pm

**At the World Affairs Council, 312 Sutter Street, Suite #200
San Francisco, CA 94108**

Registration Cost: \$20 by May 21st, 2009 or \$35 at the door

To register for this training, complete the registration form on the back of the page or at <http://www.mha-sf.org/programs/ichc/traininginstitute.cfm> or visit www.mha-sf.org and click on "ICHC Training Institute." For more information call 415-421-2926 ext. 304.

Compulsive hoarding and cluttering is the acquisition of, and failure to discard, possessions which appear to be useless or of limited value. Compulsive hoarding and cluttering can lead to safety and health hazards, including isolation and homelessness.

This training is a program of the Mental Health Association of San Francisco (MHA-SF) Institute on Compulsive Hoarding and Cluttering (ICHC), a center for information, training, education, policy and dissemination of research on compulsive hoarding and cluttering.

This training is sponsored in part by a grant from the City and County of San Francisco Human Services Agency, Department of Aging and Adult Services.



**MENTAL HEALTH
ASSOCIATION OF
SAN FRANCISCO**

The Mental Health Association of San Francisco (MHA-SF) is a non-profit citizen's organization dedicated to improving the mental health of residents in the diverse communities of San Francisco through advocacy, education, research and service.

870 Market Street, Suite 928
San Francisco, CA 94102
Tel: 415.421.2926

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MENTAL HEALTH ASSOCIATION OF SAN FRANCISCO
DIGGING OUT: HELPING YOUR LOVED ONE MANAGE
CLUTTER, HOARDING AND COMPULSIVE ACQUIRING
Tuesday, May 26, 2009 5:30 – 7:30 pm
World Affairs Council, San Francisco

REGISTRATION FORM

Please register the following individual:
(\$20 per person by May 21st, 2009, \$35 per person at the door)

NAME _____ EMAIL _____
ORGANIZATION _____
ADDRESS _____ CITY _____ ZIP _____
PHONE _____ FAX _____

PAYMENT INFORMATION

Please make checks payable to MHA-SF or indicate credit card information below:

- I have enclosed a check in the amount of \$ _____
 Please charge my credit card in the amount of \$ _____
 MasterCard Visa American Express Other _____
Name on card _____
Card Number _____ Expiration Date _____

A space will be reserved for you and a confirmation letter sent once payment is received.

Fax your registration form to 415-421-2928.

Or mail to: **MHA-SF**
870 Market St., Suite 928
San Francisco, CA 94102

For more information please contact Raul Fernandez Program Coordinator at (415) 421-2926 ext. 304 or raul@mha-sf.org.

The training is wheelchair accessible. If you need accommodation, providing at least 72 hours notice will help ensure availability.

*Cancellations on or before Tuesday May 19th, 2009 will be eligible for a refund.
All refunds will be assessed a \$10.00 processing fee.*